Notes as of Jan 24th

> Venus could be seen in the January mornings

While My Eyes Are Young Again

After Venus and morning mist began to pinch my wick, I finished the task alone with black candle soot coating my fingertips.

Hade an assumption that the light would go out - did it may self so as not to endure the cold of a flicker...

At my age, I traipsed to the only river I knew—by *the* childhood country cottage on the curb of an ancient forest.

-> returning topresumed, ancient form of safety (that not all of us are afforded)

I was probing for a few things one month after Yule,

alongside wolves howling beneath their full moon— J Wolfmoon @ Jan 25th/24

beneath their full moon—
the butt of chalk tugging tides up
like a slipcover swallowing a pillow,
diluting my syrupy blood—
a sixth sense, fresh berries, omens,
a pastoral poem and/or country
song in the flesh, Herculean coffee,
and the agenda I'd tucked under one
of the lichen-cloaked toadstools.

Feeling lethargic, even wherest slowness

All that we wish would cure t curb...

Hidden agendas we wish we didn't have (or have to hide-why we don't speak up)

It was a stretching journey, so witless and late of me to ask myself the critical question amid a 3:00 p.m. sunset with Jupiter and Saturn: Ella Hand, are you the hero of your own story?

Are we? Perhaps not. If we're not, then who might be? What does hero even mean?

It was winter who was laying it on thick, so foolish and tardy of me to think that the temperature wouldn't plummet, doubling my years all at once as I neared the rich, rotting river's earth steeped in memories of fallen trunks, burnt branches, woodmoss, fungus, and pale primrose.

Assumption + hope that nature owes us grace (w/o our active participation in caring for it through all cycles)

On my knees, I licked my pale lips.

Purple broccoli, shredded kale, carrots, spring onion, potatoes, beetroot, and rhubarb haven't protected me.

→ and thus we're brought to our Knees, hungry for a relationship we haven't been willing to
 → participate in ...

Even spiced with garlic, chilli, parsley, and soaked in lemon juice,

"save it". But we can hear our vast relationship we it via liberating + freeing its indigenous peoples.

olive oil, and vinegar.

A wagon is coming. I push myself up against a stump, careful

not to crush a nest.

awareness of the need for rebirth sceping in

The chestnut horses are covered with snow.

The creaking charcoal cabin is painted with milky flame and laced with heather.

opposites x growth always has a story to tell blc binaries infrequently exist...

Look, listen, gather (coexist)

Then there is a young man with an ochre beard—both a balcony and a bouquet—crafted from the leathery,

crafted from the leathery, late autumn leaves.

My eyes are young

My eyes are young when I can see them little pinpricks of mirror reflected in his powder blue eye contact.

"Jack Earthie," he speaks from inside his fern-infested wagon, nursing a tender flame that burns in the air without a brush or branch bed.

"Earthie with 'art' snuggled in the middle, between you," he winks.

Ella Art Hand. Ha! Clever.

Something from the flavour of two-faced folk music, one peeking into the past and the other lurking in the future, heads poked through the same doorframe.

And then he is so serious.
"Let me tell you the land's tale today before the tides wash away my woodland walk."

"It may feel like more is before than behind eternal waves to witness from shore until you're ready and where in our lives do we feel a fire wood a source? Is it warm or burning? How do we find the source + turn a flame tender?

We both are + create art—most deeply when connected @ land ing The 2 faces of the Roman God, Tanus

Lesson 1

The tangle of patience + urgency — wlin + outside capitalism and colonialism

Capatience: "you have time"

Title

Each stanza = its own sentence - why?

There are other ways

an urgency to surf each one before you know how."

"jump in the deep end"

Tomorrow has never been promised even from mouthwashed words."

"But time isn't real. -> We see it linearly, which is Constructed. "Buying" healthcare doesn't buy "us time. Redefine health care + time ...

"Rest, yes. But don't stop at the traffic lights of golden numbness garnet apathy emerald death."

Precious jewels are enticing - feel safe even, in the monetary value we've given them. Rest + turning away.

"Death is dark because she absorbs your emitted shine—light throughout your lifeas each of your candles burn to stumps that sprout another flammable cord."

Black clothes feel warm blc they absorb 'sun|heat|light

"Not the shine of claustrophobic joy, 7 but the rushing stream

of blood shared and shed."

esson 3

"When it's time for you to greet her, it may be you who dictates whether she offers warmth or chains."

"So live fully. Rest fully. Fight fully."

"Witness fully. Redefine love fully."

"Gotta be careful not to overcook my words now, to ease your digestion of them!"

And he rides off.

And while my eyes are young again, I wade into the water to face fearlessness.

Because within finish we find "ish" and this elderly life not yet lived is not quite fin...

We cannot emit anything it we bubble | wall ourselves off from our own | others' pain, death. Fighting w our bodies, minds, souls means we share blood (and it will be shed)

Did you fight wlyour chest?

> At the end of your life, will death feel a warm, dark place to rest or a "second life" Sentence, imprisoned by years taken from others too soon?

more a reminder for me, haha Does sentence not finish ble narrator lived or died? Perhaps they're the same?

G Keep swimming Rebirth. What does facing fearlessness mean? Perhaps facing youth's faith in it. 1s fearless ness the goal? Redefine : acting through the channel of love while afraid, because we're afraid.